

Jessica Payne-Murphy

**Biography:** Jess is a former medical-health psychology intern in the Department of Clinical and Health Psychology at the University of Florida. She received her B.A. from Smith College with a major in psychology. Jess obtained her M.A. in clinical health psychology at the University of Colorado Denver. She is completing her Ph.D. at the University of Colorado Denver under the mentorship of Drs. Abbie Beacham, Ph.D. and Kevin Masters, Ph.D.

**Research Focus:** Jess' research interests include Acceptance and Commitment Therapy (ACT) and mindfulness-based therapies for chronic pain and other short-term interventions for primary care settings. For her dissertation, she investigated how Acceptance and Commitment Therapy constructs influence Perceived Disability in those with fibromyalgia and chronic pain. Jess' clinical focus also includes cognitive behavioral therapy for insomnia for both adults and children.



**Grants:** None

**Professional Memberships:** American Psychological Association, Division 38, Health Psychology; Association for Behavioral and Cognitive Therapies; and Society of Behavioral Sleep Medicine.

**Courses taught:** Introduction to Statistics Lab

**Publications:**

- Beacham, A. O., Linfield, K., Kinman, C. R., & **Payne-Murphy, J. C.** (in press). The Chronic Illness Acceptance Questionnaire: Confirmatory factor analysis and prediction of perceived disability in an online chronic illness support group sample. *Journal of Contextual Behavioral Science*.
- Brown Levey, S. M., Miller, B. F., Knierim, K. & **Payne-Murphy, J. C.** (2013). A call for psychology within healthcare reform. *New York State Psychologist, XXV*(4), 25-27.
- Howieson, D.B., Carlson, N.E., Moore, M.M., Wasserman, D., Abendroth, C.D., **Payne-Murphy, J.**, & Kaye, J.A. (2008). Trajectory of mild cognitive impairment onset. *Journal of the International Neuropsychological Society, (14)*2, 192-198.
- Kaye, J., Hayes, T., Zitzelberger, T., Yeagers, J., Pavel, M., Jimison, H., Larimer, N., **Payne-Murphy, J.**, Earl, E., Wild, K., Boise, L., Williams, D., Lundell, J., & Dishman, E. (2008). Deploying wide-scale in-home assessment technology. In Mihailidis, A., Boger, J., Kautz, H., and Normie, L (Eds.), *Technology and Aging: Selected papers from the 2007 International Conference on Technology and Aging*, (pp. 19-26). Amsterdam, The Netherlands: IOS Press.
- Miller, B. F., Brown Levey, S. M., **Payne-Murphy, J. C.**, & Kwan, B. M. (2014). Outlining the scope of behavioral health practice in integrated primary care: Dispelling the myth of the one-trick mental health pony. *Families, Systems, & Health, 32*(3), 338.
- Miller, B. F., Petterson, S., Brown-Levey, S. M., **Payne-Murphy, J. C.**, Moore, M., & Bazemore, A. (2014). Primary Care, Behavioral Health, Provider Colocation, and Rurality. *Journal of the American Board of Family Medicine, 27*(3), 367-374.
- Payne-Murphy, J. C.** & Beacham, A. O. (2014). Revisiting chronic pain patient profiling: An Acceptance-based approach in an online sample. *Clinical Psychology & Psychotherapy*.
- Petterson, S., Miller, B. F., **Payne-Murphy, J. C.**, & Phillips, R. L. (2014). Mental health treatment in the primary care setting: Patterns and pathways. *Families, Systems & Health, 32*(2), 157-166.