

## Katherine Marczyk Organek

**Biography:** Katherine (Kat) is a former medical-health psychology intern in the Department of Clinical and Health Psychology at the University of Florida. She received her B.A. from the University of Illinois at Chicago with a major in Psychology and a minor in Biological Sciences. Kat obtained her M.S. in Health Psychology and Behavioral Medicine at the University of North Texas. She is completing her Ph.D. in Clinical Health Psychology at the University of North Texas under the mentorship of Daniel J. Taylor, Ph.D.



**Research Focus:** Kat's research interests include examining racial/ethnic and gender differences among sleep in early adolescence (i.e., middle school students) and the role that cultural practices may have on nighttime sleep. For her dissertation, she investigated the bedtime behaviors and nighttime sleep environment of middle schoolers, and the potential influence of parent-set bedtimes and media use on their sleep, including timing of bedtime and sleep onset latency.

**Grants:** None

### Professional Memberships:

- Society for Behavioral Sleep Medicine
- Sleep Research Society

### Courses Taught:

- Experimental Methods in Psychology Lab (Teaching Fellow)
- Introduction to Learning and Memory (Teaching Assistant)
- General Psychology I & II (Teaching Assistant)
- Abnormal Child Psychology (Teaching Assistant)
- Developmental Psychology (Teaching Assistant)
- Experimental Methods (Teaching Assistant)
- Abnormal Psychology (Teaching Assistant)

### Publications:

**Marczyk Organek, K.D.,** Taylor, D.J., Petrie, T.A., Martin, S.B., Greenleaf, C., Dietch, J.R., & Ruiz, J.M. (2015) Adolescent Sleep Disparities: Sex and Racial/Ethnic Differences. *Sleep Health, 1*, 36-39.

Lauer, E. E., Martin, S. B., Greenleaf, C. A., Petrie, T. A., **Marczyk, K. D.,** & Taylor, D. (2013). Relation between psychosocial variables and weight action in adolescent girls. *Medicine and Science in Sports and Exercise, 45* (Abstract Suppl.), S101.

**Marczyk, K. D.,** Francetich, J. M., Wilkerson, A. K., Petrie, T. A., Martin, S. B., Greenleaf, C. A., & Taylor, D. J. (2012). Sleep and morning absenteeism in middle school adolescents. *Sleep*, 35(Abstract Suppl.), A358.

**Marczyk, K. D.,** Wilkerson, A. K., Taylor, D. J., Petrie, T. A., Martin, S. B., & Greenleaf, C. A. (2011). Are adolescent girls losing sleep over pressures to look thin? *Sleep*, 34(Abstract Suppl.), A289.