

Martha Combs

**Biography:** Martha is a former medical-health psychology intern in the Department of Clinical and Health Psychology at the University of Florida. She received her B.S. from North Georgia College & State University with a major in psychology and a minor in Spanish. Martha obtained her M.A. in clinical health psychology at Appalachian State University. She is completing her Ph.D. at the University of Alabama under the mentorship of Dr. Beverly Thorn.



**Research Focus:** Martha's research interests include evaluation of the psychosocial components of chronic pain and other chronic illness as well behavioral management of and integrative approaches to treating these conditions. For her dissertation, she investigated the ways in which catastrophic thoughts about pain and fear of movement impact functioning and willingness to consider yoga as a treatment in individuals with chronic low back pain. Martha is also a registered yoga teacher with the Yoga Alliance.

**Grants:** None

**Professional Memberships:** American Pain Society

**Courses taught:** Introduction to Psychology

**Publications:**

**Combs, M.A.** & Thorn, B.E. (*In Press*) Yoga attitudes in chronic low back pain: Roles of catastrophizing and fear. *Complementary Therapies in Clinical Practice*.

**Combs, M.A.** & Thorn, B.E. (2014). Barriers and facilitators to yoga use in a population of individuals with self-reported chronic low back pain: A qualitative approach. *Complementary Therapies in Clinical Practice*. doi: 10.1016/j.ctcp.2014.07.006

**Combs, M. A.**, Canu, W. H., Broman-Fulks, J. J., & Nieman, D. C. (2013). Impact of sluggish cognitive tempo and attention-deficit/hyperactivity disorder symptoms on adults' quality of life. *Applied Research in Quality of Life*. Advance Online Publication. doi: 10.1007/s11482-013-9281-3

**Combs, M. A.**, Canu, W. H., Broman-Fulks, J. J., Rocheleau, C. A., Nieman, D. C. (2012). Perceived stress and ADHD symptoms in adults. *Journal of Attention Disorders*. Advance Online Publication. doi:10.1177/1087054712459558