

PCIT: Theory, Research, and Practice
Summer C
2013

Instructor:

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Course Assistants:

Nadia Bhuiyan, M.S.
Danny Gering, M.S.

Office Hours: By Appointment

Meeting Time: Mondays 1 pm to 3 pm

Meeting Place: HPNP G114

Course Objectives: We will review the theoretical and empirical basis of PCIT and cover the basic skills required to conduct PCIT with fidelity. This skills course will emphasize the behavioral assessment procedures that guide treatment progress and the coaching skills for training parents to change child behavior by changing parent-child interaction patterns. We will review professional issues related to the conduct and dissemination of evidence-based treatments using PCIT as the exemplar.

Readings: Readings not included in the assigned texts will be posted on the student share drive, in a folder labeled PCIT Class 2013.

Required Texts:

Eyberg, S., & Funderburk, B. (2011). Parent – Child Interaction Therapy Protocol. Gainesville, FL: PCIT International Publishing. Available from pcit.org.

McNeil, C.B., & Hembree – Kirgin, T. L. (2010). Parent – Child Interaction Therapy (2nd ed.), New York: Springer.

Grading Criteria:

CDI skills check-out		total: 25 points
PDI skills check-out		total: 25 points
Case presentation		total: 50 points
Reaction papers/DPICS quizzes	5 points per week	total: 35 points
Attendance/Participation		total: 15 points

A = ≥135 total points; B = 120-134 total points.

Case Presentation: Each student will be assigned an ongoing case to observe or a video-recorded case to review. Students with intervention experience may serve as a co-therapist on an on-going case. On the last day of class, each student will make a formal 30-minute presentation of the case to the class, including an analysis of treatment process and outcome. Presentations will be made using PowerPoint to outline main points and to provide handouts.

CDI and PDI Checkouts. The course assistant will schedule individual times with each of you to examine your CDI and PDI skills in role-play situations with you as parent, an experienced PCIT therapist acting as child, and another experienced therapist coding the interaction. You

may schedule additional times for check-outs until you meet mastery criteria in a 5-minute role-play of each interaction.

Reaction Papers: The weekly reaction papers will consist of a 1/2-page maximum comment, analysis, or critique of each of the readings assigned for the week (one week the DPICS quizzes will replace the reaction papers). Reaction papers are due at the beginning of class each week.

Schedule

May 13

Introduction to course: Syllabus and course requirements
History of PCIT (Sheila Eyberg, Ph.D., ABPP, Distinguished Professor Emeritus)

Readings assigned for May 13

1. PCIT in Context

Eyberg, S.M., Nelson, M. M., & Boggs, S.R. (2008). Evidence-based treatments for child and adolescent disruptive behavior disorders. *Journal of Clinical Child and Adolescent Psychology, 37*, 213-235.

2. History of PCIT

Funderburk, B.W. & Eyberg, S.M. (2010). Parent-child interaction therapy. In J. Norcross (Ed.). *History of Psychotherapy: Continuity and Change (2nd ed., pp. 415 – 420)*, Washington, DC: American Psychological Association.

3. Overview of PCIT

Zisser, A., & Eyberg, S.M. (2010). Treating oppositional behavior in children using parent-child interaction therapy. In A.E. Kazdin & J.R. Weisz (Eds.) *Evidence-based psychotherapies for children and adolescents (2nd ed., pp. 179-193)*. New York: Guilford.

May 20

Measures of Progress and Outcome in PCIT

Eyberg Child Behavior Inventory (ECBI)

Revised Edition of the School Observation Coding System (REDSOCS)

Dyadic Parent-Child Interaction Coding System (DPICS)

Learn and practice DPICS coding skills

Readings assigned for May 20

1. Intake Assessment

(a) Eyberg & Funderburk (2011). PCIT Protocol. [Section on the Intake Assessment]

(b) Text Chapter 3: Intake assessment and orientation session

2. DPICS Overview

Knight, E. B. & Salamone, C. A. (2011). Measuring parent-child interactions through play. In S. Russ & L. Niec (Eds.), *Play in intervention and prevention*. New York: Guilford.

3. DPICS Research

McCabe, K.M., Lau, A., Yeh, M., Argote, C.B., & Liang, J. (2010). Parent Child Interactions among Mexican-American Parents and Preschoolers: Do Clinic-Referred Families Differ from Non-Referred Families? *Behavior Therapy*, 41, 82 – 92.

4. DPICS Manuals

[The Clinic Version]

Chase, R., & Eyberg, S.M. (2005). Abridged manual for the Dyadic Parent-Child Interaction Coding System (3rd ed.). (On student share).

[The Training Manual for the Clinic Version]

Fernandez, M., Chase, R., Ingalls, C., & Eyberg, S.M. (2005). DPICS-in-Brief: Coder Training Manual for the Abridged Dyadic Parent-Child Interaction Coding System (3rd ed.). (On student share). **[Contains the DPICS Quizzes]**

4. REDSOCS Research

Bagner, D. M., Boggs, S. R., & Eyberg, S. M. (2010). Evidence-based school behavior assessment of externalizing behavior in young children. *Education and Treatment of Children*, 33, 65-83.

5. REDSOCS Coding Manual (Optional)

Ginn, N., Seib, A., Boggs, S., & Eyberg, S. (2009). Manual for the Revised Edition of the School Observation Coding System (REDSOCS). (On student share).

★ **Instead of writing review papers on the reading assignments above, work through the DPICS Coder Training Manual and complete and turn in the six Review Quizzes I – VI.**

May 27

No class – Memorial Day Holiday

June 3

Child Directed Interaction

Brief overview presentation on CDI

Videos of CDI

Practice CDI Skills (and continued coding skills practice)

Readings assigned for June 3

Eyberg, S.M. and Funderburk (2011). CDI Teach Session Expanded Outline and CDI Coaching sessions. *Parent Child Interaction Therapy Protocol*. Gainesville, PCIT International Publishing.

Text Chapter 4: Teaching the child directed interaction.

Boggs, S.R., & Eyberg, S.M. (2008). Positive attention. In W. O'Donohue, & J.D. Fisher (Eds.). *Cognitive behavior therapy: Applying empirically supported techniques in your practice* (2nd ed). New York: Wiley.

Harwood, M.D., & Eyberg, S.M. (2006). Child-Directed Interaction: Prediction of change in impaired mother-child functioning. *Journal of Abnormal Child Psychology*, 34, 335-347.

June 10

Coaching the Child Directed Interaction

Coaching CDI Presentation

Videos of CDI Coaching

Role-play coaching the Child-Directed Interaction (and continue coding skills practice)

Readings For June 10

1. Coaching in PCIT

Text Chapter 5: Coaching the child directed interaction

Shanley, J. R. & Niec, L. N. (2010). Coaching parents to change: The impact of in vivo feedback on parents' acquisition of skills. *Journal of Clinical Child & Adolescent Psychology*, 39, 282-287.

2. Efficacy of PCIT

Schuhmann, E., Foote, R., Eyberg, S.M., Boggs, S., & Algina, J. (1998). Parent-child interaction therapy: Interim report of a randomized trial with short-term maintenance. *Journal of Clinical Child Psychology*, 27, 34-45.

Bagner, D.M., & Eyberg, S.M. (2007). Parent-child interaction therapy for disruptive behavior in children with mental retardation: A randomized controlled trial. *Journal of Clinical Child and Adolescent Psychology*. 36, 418-429.

June 17

Introduction to the Parent-Directed Interaction

PDI skills review

Videos of PDI

PDI role-play practice

Readings for June 17

Eyberg, S.M. and Funderburk (2011). PDI Teach Session and PDI Coaching Sessions *Parent Child Interaction Therapy Protocol*. Gainesville, PCIT International Publishing.

Text Chapter 6: Teaching the parent-directed interaction

Larzelere, R. E., & Kuhn, B. R. (2005). Comparing child outcomes of physical punishment and alternative disciplinary tactics: A meta-analysis. *Clinical Child and Family Psychology Review, 8*, 1-36.

Roberts, M.W., & Powers, S. W. (1990). Adjusting chair timeout enforcement procedures for oppositional children. *Behavior Therapy, 21*, 257-271

June 24 No Class – Summer Break

July 1

Coaching the Parent-Directed Interaction

Overview of Coaching PDI

Videos of PDI coaching

Role-play PDI coaching]

Readings assigned for July 1

Text Chapter 7: Coaching the parent-directed interaction

Text Chapter 8: Progressing through the parent-directed interaction

Cross-Cultural PCIT Outcome Studies

Leung, C., Tsang, S., Heung, K., & Yiu, I. (2009) Effectiveness of Parent—Child Interaction Therapy (PCIT) among Chinese families, *Research on Social Work Practice, 19*, 304-313.

Matos, M., Bauermeister, J. J., & Bernal, G. (2009). Parent-child interaction therapy for Puerto Rican preschool children with ADHD and behavior problems: A pilot efficacy study. *Family Process, 48*, 232-252.

Thomas, R., & Zimmer – Gembeck, M.J. (2011). Accumulating evidence for parent – child interaction therapy in the prevention of child maltreatment. *Child Development, 82*, 177 – 192. (doi: 10.1111/i.1467-8624.2010.01548.x)

McCabe, K., & Yeh, M. (2009). Parent-Child Interaction Therapy for Mexican Americans: A randomized clinical trial. *Journal of Clinical Child & Adolescent Psychology, 38*, 753 – 759.

Fernandez, MA, Butler, AM, & Eyberg, SM. (2011). Treatment Outcome for Low Socioeconomic Status African American Families in Parent-Child Interaction Therapy: A Pilot Study. *Child and Family Behavior Therapy, 33*, 32 – 48. doi: 10.1080/07317107.2011.545011.

July 8

Generalization and Maintenance

Presentation on Generalization and Maintenance in PCIT
Discussion of G and M

Readings for July 8

Brestan, E., Eyberg, S.M., Boggs, S. & Algina, J. (1997). Parent-child interaction therapy: Parent perceptions of untreated siblings. *Child & Family Behavior Therapy, 19*, 13-28.

Boggs, S.R., Eyberg, S.M., Edwards, D., Rayfield, A., Jacobs, J., Bagner, D., & Hood, K. (2004). Outcomes of parent-child interaction therapy: A comparison of dropouts and treatment completers one to three years after treatment. *Child & Family Behavior Therapy, 26(4)*, 1-22.

Fernandez, M., & Eyberg, S. (2009). Predicting treatment and follow-up attrition in Parent-Child Interaction Therapy. *Journal of Abnormal Child Psychology, 37*, 431-441. PDF.File

July 15

Tailoring and Adapting PCIT

Presentation/Discussion of Tailoring and Adapting

Readings for July 15

Eyberg, S.M. (2005). Tailoring and adapting parent-child interaction therapy for new populations. *Education and Treatment of Children, 28*, 197-201.

Berkovits, M.D., O'Brien, K.A., Carter, C.G., & Eyberg, S.M. (2010). Early Identification and Intervention for Behavior Problems in Primary Care: A Comparison of Two Abbreviated Versions of Parent-Child Interaction Therapy. *Behavior Therapy, 41*, 375 – 387.

Chase, R. M., & Eyberg, S.M. (2008). Clinical presentation and treatment outcome for children with comorbid externalizing and internalizing symptoms. *Journal of Anxiety Disorders, 22*, 273 – 282.

July 22

Case Presentations

- 1.
- 2.
- 3.
- 4.
- 5.

July 29, Aug 5. No classes (APA)